Dr. Rina Raichada DMD

DENTISTRY ON 10

Author • Dentist • Speaker • Mentor

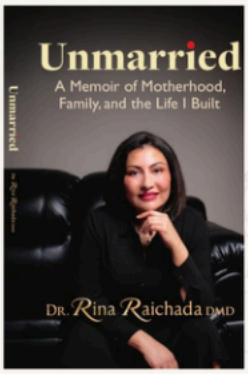
UNIVERSITY SPEAKER SHEET

ABOUT **Dr. Rina Raichada DMD**

Raised in a South Asian family in Dar es Salaam, Tanzania, Dr. Rina Raichada pursued higher education in the United States before establishing her professional career and family life in Ontario, Canada. Her experience spans healthcare, entrepreneurship, motherhood, professional leadership, advocacy and the cultural expectations that shape women's lives.

AUTHOR OF **Unmarried**

Dr. Raichada writes about the long, often unspoken journey between a marriage that has emotionally ended and the legal document that finally says so - and the life a woman continues to build in between.



Credentials & Leadership

- BA in Biochemistry, cum laude, Mount Holyoke College
- Doctor of Dental Medicine (DMD), Harvard School of Dental Medicine
- General Practice Residency, Brigham and Women's Hospital
- 25 years in dentistry
- President and founding member, South Asian Dental Association
- Advisory Board Member and Mentor, Women in Dentistry
- Political Contact Dentist, Ontario Dental Association
- Clinical speaker in guided implant surgery and guided crestal sinus lifts
- Entrepreneur and owner, Dentistry on 10, Mississauga
- Mentor to University of Toronto female dental students; supports co-op and shadowing opportunities

Selected Speaking Experience

- Women Who Build Business: From Practitioner to CEO
- Healthy Wealthy and Wise Women's Retreat: Overcoming Adversity / The Climb
- Empowering Women in Business: Drop the Drill, Knowing Your Numbers

Recognition

- Sustained Success in Business Award - Empowering Women in Business
- House of Commons recognition presented by MP Peter Fonseca for 25 years in dentistry and contributions to patient care, professional advocacy, leadership and community involvement
- Municipal recognition presented by Councillor John Kovac for 25 years in dentistry and longstanding service to the Mississauga
- City of Mississauga recognition of Dentistry On 10's 20th anniversary
- Completed Women in Leadership Program - Ontario Dental Association

Signature Talks

The Education They Almost Didn't Let Me Have

Women, Education and the Right to Author Our Own Lives

A personal journey from Tanzania to Mount Holyoke and Harvard, exploring education, family expectations and the choices women make through silence and speaking.

Unmarried: The Cultural Scripts Women Inherit

Marriage, Motherhood, Family and Identity in the South Asian Diaspora

A conversation about inherited expectations, migration, identity and what happens when the life a woman is expected to live no longer fits.

From Practitioner to CEO

Women, Professional Identity, Financial Confidence and Leadership

Lessons in leadership, entrepreneurship, financial awareness and building a values-driven life in dentistry and beyond.