

A Letter from **snapd** NORTH MISSISSAUGA



Use the **snapd** HUB AR viewer here to stay informed throughout the month and see the latest updates from the snapd Executive Team

Over the last month we as a community have endured things that have tested us - socially, mentally, physically and economically. We have not conceded. We have seen adaptation, creativity and strength of spirit. We have seen family and friends supporting each other, finding the importance of simple moments that we used to let pass us by, and we have seen and heard stories happening each day of communities working hard to thrive in the face of adversity. At snapd, we are always trying to promote and bring you all the positive messages within community. Now during these unprecedented times, we know these efforts are needed more now than ever before, and we are proud to continue to push forward alongside each and every one of you.

Our hearts and prayers go out to all of the people bravely working the front lines! We all thank you from the bottom of our hearts. Keep up all the great work you are doing - Your services and efforts will not be forgotten!

While our community is standing up, providing essential services, working and teaching and socializing from home, we are here to promote positivity, foster hope and keep you informed. With the launch of our the snapd HUB App we are asking you to share all the positive things you're up to: your

business, your family, or the organizations you support so we can share them with our great community. Together we are strong, and we look forward to seeing all your pictures of positivity that will help our community celebrate the change that is now, and what we can look forward to in the not-so-distant future. Think of the games you're playing, projects you're finishing, neighbours your helping - those are photos to share with us and we are excited to see them!

In an effort to help give back, we have been working hard creating many FREE strategies to help support not for profits and local business in their time of need who have been hurt by the pandemic. Within our paper, our website, public calendar, App and social media channels, we are making our tools available to keep these organizations relevant during this pandemic. If you know or see business in need, please let them know we are here to help.

We have also re-tooled our online ticketing platform to support local businesses by creating easy to purchase "Gift Certificates". Purchasing these Gift Certificates online allows you to support your local business NOW and collect your products or services later once we hit the other side.

We hope you have enjoyed our new direct to home program that allows us to deliver snapd safely to you through Canada Post. While it has taken some time, we believe this to be an important move forward during our increased practice of social distancing to make sure your photos and stories are seen and enjoyed safely without the need for you to go out and get it.

Now, more than ever, we proudly stand next to our government, our neighbours and our corporate partners as we move together through the next chapter of recovery. We started snapd to support local business, encourage participation in community events and focus on the positive - and never have we seen a more relevant time to do that more than now. So please everyone; do your part, stay involved, share your positivity and on behalf of the entire snapd family, stay safe, stay optimistic - and stay home.

Your partners in community building,
The snapd Team

snapd NORTH MISSISSAUGA

GM/Publisher
Mona Osman | Tel: 647-518-9860
mosman@snapd.com

Marketing Coordinator
Rawan Mackie | Tel: 647-546-7627
northmississauga@snapd.com

Creative Designer
Erin Wood
creative42@snapd.com

Photographers
Mona Osman, Bob Askin, Jay Ward & Irfan Malik

snapd North Mississauga is distributed free of charge through key distribution partners including local advertisers, retail outlets and various community centres. The publication and all images remain the property of snapd Inc. and may not be reproduced in any form without prior written consent. Views expressed by any contributor are not necessarily that of the staff or the publisher.

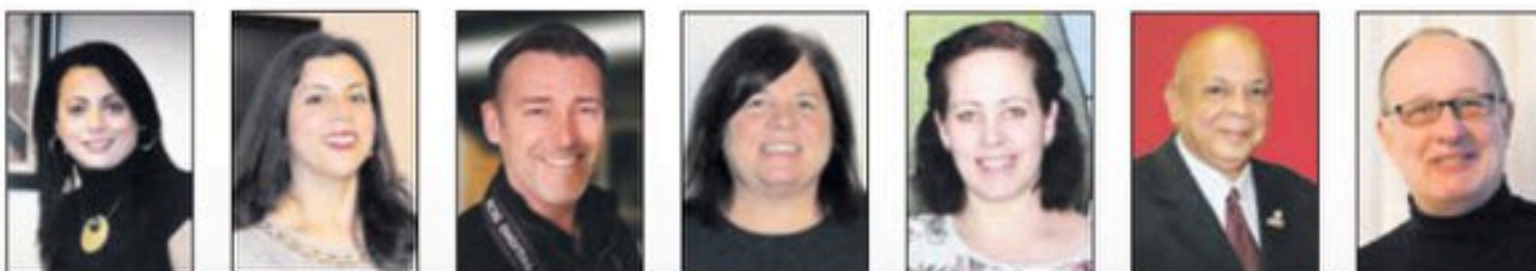
snapd North Mississauga is an associated partner with snapd Inc. and its affiliated family of franchises worldwide. Trademark 2005 - 2020

For more information

snapd North Mississauga
Suite #1432 - 1011 Upper Middle Road East
Oakville, ON L6H 5Z9
northmississauga@snapd.com
northmississauga.snapd.com
647-546-7627

Facebook: snapdNorthMississauga

Twitter: @snapdNorthMiss



Mona Osman GM/Publisher, Rawan Mackie Marketing Coordinator, Robert Adams Sales & Communication Manager, Shelley Dutton Community Development, Erin Wood Creative Designer, Irfan Malik Photographer, Jay Ward Photographer

A proud partner of **snapd**

McLAREN PRESS GRAPHICS
TODAY'S TECHNOLOGY • TRADITIONAL SKILLS



Contact us for a quote
1-800-465-1662

Helping **LOCAL BUSINESS** thrive

Attention **BUSINESS OWNERS**

While the COVID-19 situation is a global pandemic, its impact is local. We want to help keep our communities strong by providing an opportunity to support our neighbourhood businesses. As a business owner, you have worked hard to build your business, serve local residents and support many community organizations.

snapd has adapted our snapd TIX service to help you sell gift certificates during this difficult time. This will allow your customers to invest in YOUR FUTURE and help you get to the other side.

Contact us at giftcert@snapd.com for more information and to start selling gift certificates today.



Contact us at giftcert@snapd.com for more information

Mississauga Dentist Offers Tips on Fixing Dental Emergencies at Home

Mississauga's family dentist Dr. Rina M. Kotecha understands the concerns of many patients of leaving their homes during the state of emergency.

Hence, from now until the end of emergency period in Ontario, Dr. Rina Kotecha is accepting teledentistry consultations at no charge whether you are a current patient or not. Our office arranges with you a zoom video consult after triaging over the phone to give you feedback and dental advise from Dr. Rina.

Dr. Rina is also guiding patients on what emergencies can be handled safely at home with products that can be found in the house; and which ones she recommends having your dentist handle.

For example, the following dental issues can be safely dealt with at home:

- Re-cementing a temporary or permanent crown until you see your dentist. Dr. Rina Kotecha recommends using the open end of a paperclip to scrape out all of the temporary cement inside the crown. Disinfect the crown with a mouthwash. Finally, squeeze a few drops of Fixodent denture adhesive into the temporary crown and "re-glue" it back on the tooth.
- Removing a foreign body stuck in the gum. Dr. Rina Kotecha advises patients to tie a double knot in a strand of dental floss and then run the knotted portion of floss between the teeth to scrape out the foreign body under the gum line.
- Lost fillings. If a filling comes out, Dr. Rina Kotecha suggests saving the piece to show your dentist. To temporarily fix the lost filling, gently brush the tooth with toothpaste and lukewarm water. Then, plug the hole using over-the-counter products such as Temparin or Dentemp until you can see a dentist.
- Chipped tooth leaving a jagged edge. Dr. Rina Kotecha says to cover the exposed area with dental wax, which can be found at most local drug stores. If necessary, use a clean nail file to file down the rough spots. However, it is important to keep the area protected and clean until you can see a dentist.
- Suspicious mouth ulcers and other lesions. There are a few remedies to treat painful mouth ulcers and lesions at home, according to Dr. Rina Kotecha. These treatments include rinsing with saltwater and baking soda or using over-the-counter benzocaine (topical anesthetic) products like Oragel. If symptoms persist over 2 weeks, please contact your dentist immediately.

Extra-ordinary times call for creative solutions. Dr. Rina has provided some out of the box solutions during these times keeping safety of community members in mind.



Submitted by Dr. Rina Kotecha

Dr. Rina Kotecha can be reached by calling 905-848-8440 or emailing at drkotecha@dentistryon10.com. Learn more at www.dentistryon10.com.